

Marriage Retreat Ideas to Make Your Event Special

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- 1) Provide participants with a stick-on name tag for each day of the retreat. Even if they all go to the same church, there will be people who aren't sure of everyone's name. Add a list of all participants' names to the retreat booklet so that couples can more easily remember the names of the couples they met.
- 2) At beginning of retreat, for an icebreaker activity, have couples find another couple they don't know well, and find out how long they have been married, kids' ages, occupations, etc. After sharing information, have couples introduce the other couple to the group. Great way for couples to meet and to also have a group introduction.
- 3) Encourage couples to sit and eat meals with couples they don't know as well.
- 4) Prior to the retreat, have each wife write down a favorite memory from her engagement, wedding or honeymoon. At the retreat, have another woman read it aloud without using names. When the correct husband recognizes the memory, he says "that's us!" Cute way to find out more information about couples.
- 5) In couples' rooms, place an envelope that says "For his eyes only." Inside put a dime store ring with instructions for the husband to propose again to his wife using this ring at some point in the retreat. It's fun to note when different women show up wearing their ring throughout the retreat. ("Look, Joan got a ring!")
- 6) Put a long-stemmed red rose on each couple's bed along with a note welcoming them to the retreat and encouraging them to be open and loving.