

“THIS IS US” DARE QUESTIONS

A fun Dare to help you rekindle romance and attraction by remembering your unique love story! Separately, spouses record their answers using a smart phone. Answer only one question per audio or video file so the file doesn't get too large to share. Then, throughout the month, share one file at a time with each other. You can also upload them to Google Drive or Dropbox and share a link instead.



- 1) When did you first notice your spouse? What intrigued or attracted you?**
- 2) What stands out to you about when you two were dating? What activities were fun or memorable?**
- 3) When did you decide that this was the person you wanted to marry? Describe what it was about your spouse that made you decide “this is who I want to spend the rest of my life with.”**
- 4) What good memories do you have of the day you got married? Describe how your spouse looked.**
- 5) If you went on a honeymoon, what do you remember fondly about it?**
- 6) What were the early years of marriage like for you? What did you learn about marriage and your spouse?**
- 7) If you became parents, what was this transition like for the two of you? What do you appreciate about your spouse as a parent? (If you aren't parents, what do you appreciate about your spouse's relationships with family and friends?)**
- 8) Describe a really happy memory from your married life.**
- 9) Describe a challenging situation the two of you have navigated together. What do you admire about how your spouse handled this situation?**
- 10) What are 3 valuable things (big or small) that your spouse has taught you? For example, how to fry the perfect egg, how to forgive, how to laugh at yourself, how to change a tire, etc.**

DOUBLE DARE QUESTION: What is one of your favorite memories of the two of you being physically intimate? Describe how you felt and what you appreciated about your spouse. (If you don't want this on an audio or video recording, write it out or share with your spouse in person).